2024 Hemphill Powerlifting

Date	Location	Time
January 10 th	West Sabine	4:00
January 10	west Sabine	4.00
January 24 th	West Sabine	4:00
February 7 th	Hemphill	4:00
February 21 th	West Sabine	4:00
March 2nd	Girl's Regional Meet @Commerce	ТВА
March 9 th	Boy's Regional Meet @Arp	ТВА
March 13 th	Girl's State Meet @Frisco	TBA
March 22 nd	Boy's State Meet @Abilene	TBA

Superintendent: Stephen English High School Principal: Jeremy McDaniel Girl's Coordinator: Meredith Diggles II Boy's Coach: Mackenzie Dockens Girl's Coach: Teneeshia Williams