

OCTOBER 2023

HEMPHILL ISD

Alternate Menu Mon.-McRib sandwich/Tue.-Hot Dog Wed.-Sausage Link on a bun

Thur, Sandwich/ Pizza

	Thur. Sandwich/ Pizza			
Monday	Tuesday	Wednesday	Thursday	Friday
Hot Pocket Broccoli & Cheese Carrot Sticks/ranch Fruit Milk	Chicken Tenders Scalloped Potatoes Mix Vegetables Roll Fruit Milk	Pizza Garden Salad/ranch Corn Fruit Milk	Chicken Spaghetti Green Beans Steamed Carrots Bread Stick Fruit/ Milk	School Holiday
School Holiday 9	Steakfingers 10 Mashed Potatoes/gravy Broccoli Normandy Roll Fruit Milk	Corn Dog Mac & Cheese Steamed Carrots Fruit Milk	Chicken & Sausage Gumbo 2 Rice Potato Salad Garlic Toast Fruit Milk	Cheeseburger Burger Salad Smiley Fries/ketchup Carrot Sticks/ranch Fruit Milk
Soft Taco/salsa Pinto Beans Garden Salad/ranch Fruit Milk	Salisbury Steak Rice & Gravy Green Beans Roll Fruit/Milk	Pizza Garden Salad/ranch Corn Fruit Milk	Beef Vegetable Soup Grilled Cheese Sandwich Fruit Milk	Chicken Sandwich Burger Salad Waffle Fries/ketchup Cucumber Coins /ranch Fruit Milk
Frito Pie Ranch Style Beans Steamed Broccoli Fruit Milk	Chicken Nuggets Mashed Potatoes/gravy Green Peas Roll Fruit Milk	Corn Dog Mac & Cheese Steamed Carrots Fruit Milk	Chicken Alfredo Mix Vegetables Garden Salad/ranch Garlic Toast Fruit Milk	Cheeseburger Burger Salad Carrot Sticks/ranch Tater Tots/ketchup Fruit / Milk
Beefy Nachos Pinto Beans Spanish Rice Fruit Milk	Orange Chicken Rice Vegetable Blend Fortune Cookie Fruit Milk			



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	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
	9	10	11	12	13
	16	17	18	19	20
	23	24	25	26	27
	30	31			

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All menus are Subject to change

\	Monday	Tuesday	Wednesday	Thursday	Friday
	Donut Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Roll Cereal/Toast/Jelly Fruit Juice Milk	Waffles/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice Milk	SCHOOL HOLIDAY 6
	SCHOOL HOLIDAY	Muffins / Yogurt Cereal/Toast/Jelly Fruit Juice Milk	Pancake/syrup Cereal/Toast/Jelly Fruit Juice Milk	Biscuit & Bacon Cereal/Toast/Jelly Fruit Juice Milk	Breakfast Wrap Cereal/Toast/Jelly Fruit Juice Milk
	Donut Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Toast Cereal/Toast/Jelly Fruit Juice Milk	Waffles/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Biscuit of Cereal/Toast/Jelly Fruit Juice Milk	Pancake on a stick/syrup20 Cereal/Toast/Jelly Fruit Juice Milk
	Muffin/Yogurt Cereal/Toast/Jelly Fruit Juice Milk	French Toast Mini/syru 24 Cereal/Toast/Jelly Fruit Juice Milk	Pancake/syrup Cereal/Toast/Jelly Fruit Juice Milk	Biscuit & Bacon Cereal/Toast/Jelly Fruit Juice Milk	Breakfast Wrap Cereal/Toast/Jelly Fruit Juice Milk
	Donut Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Roll Cereal/Toast/Jelly Fruit Juice Milk			

